



# Inaugural Australian Compassion Research Forum

## Managing Change and Complexity with Compassion: New Research and Application

Monday 9 November 2020

9.30am-12.30pm (Sydney-Australian Eastern Daylight Time-AEDT)

Via Zoom Webinar

Recordings of the Forum will be sent to everyone who registers for the event.

### Program

9.30am-9.35am	<p><b>Welcome</b></p> <p><b><u>Associate Professor Anya Johnson</u></b> (Co-Director, Body, Heart and Mind in Business Research Group, The University of Sydney Business School)</p>
9.35am -9.45am	<p><b>Overview of Compassion Research in Australia</b></p> <p><b><u>Professor Felicia A Huppert</u></b> (Director of ACC Scholars Program, Honorary Professor with the Body Heart and Mind in Business Research Group, University of Sydney Business School)</p>
9.45am -10.15am	<p>Keynote Address: <b>'Why the Scientific Understanding of Empathy and Compassion Has Never Been More Important'</b></p> <p><b><u>Professor William Mobley</u></b> (Neuroscientist and Director of the T. Denny Sanford Institute for Empathy and Compassion, University of California San Diego)</p>
10.15am -10.45am	<p><b>Creating a Compassionate Society</b></p> <p><b><u>Dr Paul Atkins</u></b> (Facilitator, Coach, Psychologist, Researcher, The Prosocial Institute)</p>
10.45am -11.15am	<p><b>Research Findings on a Multimethod RCT of Wellbeing and Compassion in Healthcare Among Nurses</b></p> <p><b><u>Professor Felicia A Huppert</u></b> (Director of ACC Scholars Program, Honorary Professor with the Body Heart and Mind in Business Research Group, University of Sydney Business School)</p> <p><b><u>Nickolas Yu</u></b> (Program Manager - Staff wellness &amp; Patient &amp; Family-centred care, Sydney Local Health District)</p> <p><b><u>Associate Professor Helena Nguyen</u></b> (Co-Director, Body, Heart and Mind in Business Research Group, The University of Sydney Business School)</p>

11.15am -11.45am	<p><b>Learning Compassion When It Matters the Most - RCT of the Think Equal Early Childhood Program</b></p> <p><b><u>Dr Lynne Reeder</u></b> (Adjunct Research Fellow, Federation University Australia, National Chair Australian Compassion Council)</p> <p><b><u>Dr Sue Emmett</u></b> (Senior Lecturer, School of Education, Federation University Australia)</p>
11.45am-11.50am	<b>Break</b>
11.50am -12.15pm	<p><b>Discussion</b> This session will consist of 3 Discussion Forums where participants will break into small groups to discuss the presentations and questions posed by the organisers. Please select the session you are most interested in (Zoom links will be provided):</p> <p><b>Discussion session 1: Compassion in Education</b> Facilitator: <b><u>Dr Lynne Reeder</u></b> (Adjunct Research Fellow, Federation University Australia, National Chair Australian Compassion Council)</p> <p><b>Discussion session 2: Compassion in Healthcare</b> Facilitator: <b><u>Associate Professor Helena Nguyen</u></b> (Co-Director, Body, Heart and Mind in Business Research Group, The University of Sydney Business School)</p> <p><b>Discussion session 3: Compassion in Organisations and Society</b> Facilitator: <b><u>Professor Alasdair Foster</u></b> Culture in Community Wellbeing, School of Public Health, The University of Queensland</p>
12.15pm-12.30pm	<p><b>Wrap Up and Future Directions</b></p> <p><b><u>Associate Professor Anya Johnson</u></b> (Co-director, Body, Heart and Mind in Business Research Group, The University of Sydney Business School)</p> <p><b><u>Dr Lynne Reeder</u></b> (Adjunct Research Fellow, Federation University Australia, National Chair Australian Compassion Council)</p>

12.30pm- Webinar Close